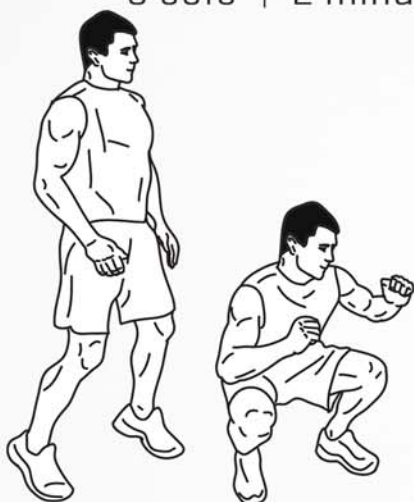


# ***SUCKER PUNCH***

DAREBEE WORKOUT @ [darebee.com](https://darebee.com)

5 sets | 2 minutes rest between sets



**4** squats

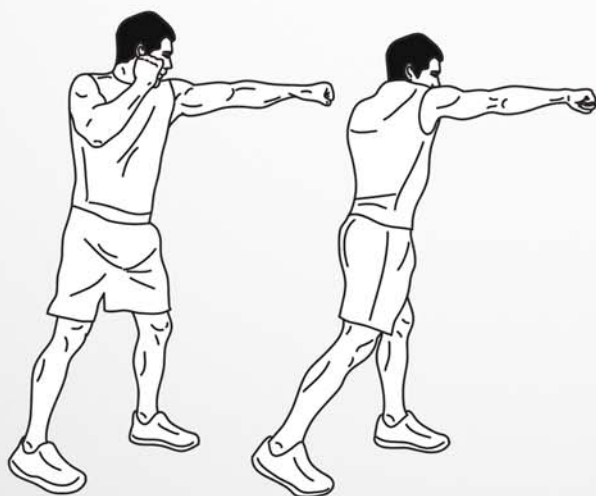
**20** punches

**4** squats

**20** punches

**4** squats

**20** punches



**4** squats

**20** punches

**4** squats

**20** punches