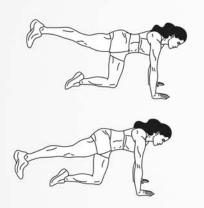
PRETTY LITTLE MANAGEMENT OF THE PROPERTY LITTLE PROPERTY LITTL

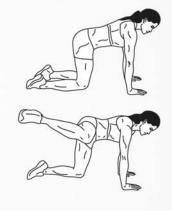
DAREBEE WORKOUT © darebee.com



40 leg swings



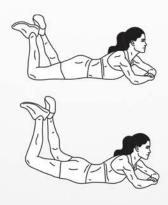
40 leg extensions



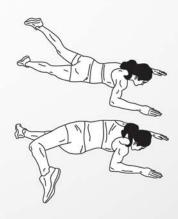
40 side leg extensions



4 downward upward dogs



10 glute flex



4 scorpion twists